



**What do you get when you combine a sprinkling of the biggest names in cooking, a generous serving of recipes for parents and kids to enjoy, and a large dollop of fun in the kitchen?**

### **STAR COOKS, that's what!**

**Star Cooks** is a brilliant new charity cookbook for kids, packed full of healthy recipes from world-class chefs including Jamie Oliver, Gordon Ramsay, Delia Smith, Hugh Fearnley-Whittingstall and Jean-Christophe Novelli.

From the team, headed up by Victoria Chilcott, that brought you celebrity storybook **Stars at Bedtime** (2004) launched by the Chancellor Gordon Brown and wife Sarah at No. 11 Downing Street, **Star Cooks** is in aid of the national food charity FareShare which does fantastic work in communities throughout the UK providing training and support and redistributing unsold food to people who really need it.

Top chefs have donated their favourite recipes including John Burton Race's Blueberry Muffins, a favourite with his wife Kim; Marcus Wareing's Red Pepper and Chickpea Hummus, and Heston Blumenthal's "Quaking Pudding", based on an original medieval recipe and still a popular dish in his pub, *The Hind's Head*.

Each chef gives their top tips for each recipe, plus there are sections on Kitchen Rules, how to know what foods are healthy and how to incorporate '5 a day' into your diet. See overleaf for a full list of recipes featured...

### **About FareShare**

Ever wondered what happens to food that doesn't sell at the supermarket? Unsold sandwiches from sandwich shops? Apples from the market that have gone uneaten? Even an airline's unused, unopened bottles of water?

The food is within its use-by-date, and TONNES of it would go to waste every day if it wasn't for FareShare. Food that would often end up in landfill sites, littering the country, is instead taken from supermarkets such as Sainsbury's and Marks & Spencer in FareShare vans, by FareShare volunteers, and given to people who need it.

Recipients include homeless people in shelters, disadvantaged children in breakfast clubs, elderly people in day centres, and vulnerable people who have been socially excluded.

For more information on FareShare visit [www.fareshare.org.uk](http://www.fareshare.org.uk) or call 020 7394 2468.

**STAR COOKS is published by DK on  
5<sup>th</sup> October, price £9.99**

**For further information, or to request a review copy please contact  
Maria Olesen on 020 394 2467, or by email [maria.olesen@fareshare.org.uk](mailto:maria.olesen@fareshare.org.uk)**

## Recipes featured:

HUGH FEARNLEY-WHITTINGSTALL Boiled egg / Eggy bread  
GORDON RAMSAY Smoothie  
JOHN BURTON RACE Blueberry Muffins  
NICK NAIRN Roasted Butternut Squash Soup  
JEAN CHRISTOPHE-NOVELLI Pea Soup with Pancetta & Mint  
LESLEY WATERS Chips and dips  
Chocolate Brownies  
MARCUS WAREING Red pepper & Chickpea Hummus  
ANNABEL KARMEL Three Cheese Funny Face Pizzas  
Buzzy Bees  
KEN HOM Prawn & Pea Stir Fry  
JAMIE OLIVER Sausages with real Baked Beans

PERSON  
AY  
Salmon & Smoked Haddock Fishcakes  
Fish Pie  
Spaghetti with tomatoes and green beans  
2 Pasta Sauces  
Pie Faces  
Focaccia  
Easy Italian Chicken  
Crunchy Apple Cake Bars  
Chocolate Drop Mini Muffins with Red Noses  
Hansel & Gretel Cake  
Coconut Ice  
Tandoori Phal  
"Quaking Pudding"  
Caramel Ice Cream  
Toffee Sauce