

**25 September 2013:**

## **Publication of 'The Stop'**

### **FareShare comment of the publication of 'The Stop' by Nick Saul:**

We welcome the publication of [The Stop](#) by Nick Saul as it continues an important discussion around the provision of food aid in the UK and the role it plays in addressing the underlying causes of hunger.

The FareShare model is very similar to the systems and processes advocated within the book. The service we offer is designed to work more broadly rather than just addressing individuals direct food needs. We provide healthy and nutritious food to charities such as breakfast clubs for children, drug rehabilitation centres, women's refuges and homeless shelters which is then prepared and served onsite. These meals play a critical role in enabling the charities we support to engage with their beneficiaries. Once through the door, our member charities offer additional support to individuals helping them tackle wider issues such as homelessness, drug addiction and domestic violence. By receiving food from FareShare, each charity saves an average of £13,000 a year, with more than 80% investing these savings into providing additional support services for their clients such as counselling and employment advice.

One of the charities we support is Autism Initiatives, which receives food from FareShare weekly. Sarah Moreton from the organisation explains: *"Working in partnership with FareShare has meant that we have been able to invest more money into our social enterprises, which provide otherwise unavailable yet crucial work experience, training and employment opportunities for our service users. It has been an enormous help to us in making a very real difference to the lives of those people we support."*

Not only does our model tackle hunger and its underlying causes but we also address the issue of waste by working closely with the food industry. The majority of the food we redistribute is surplus and would have otherwise gone to waste. This is primarily fresh, nutritious produce including fruit, vegetables and meat that no longer has a commercial value but is in date and perfectly fine to eat. For as long as the issues of food waste and food poverty exist, FareShare will continue to turn an environmental problem into a solution, supporting hundreds of charities across the country every day.

'Don't forget the power of food': Read Patrick Butler's article in the Guardian [here](#).



Lunch served at Age UK Hull